

CITY of BOSTON

Age Strong Monthly Updates

Learn about city resources, health tips for winter, our monthly Memory Cafe events, and ways older adults can save money.

Click here to read...

Age Strong December Updates

Boston Seniority Magazine - December 2023

Select Boston Seniority Magazine articles in Spanish







In-person and virtual fitness classes

JANUARY 7 - APRIL 6, 2024

SUNDAY		
8:00 a.m.	нит	Virtual
MONDAY	2000	
10:00 a.m. 5:00 p.m.	Yoga Zumba®	BCYF Roslindale Center, Roslindale Virtual
TUESDAY		
11:00 a.m. 6:00 p.m.	Strength & Balance Yoga	East Boston Senior Center, East Boston Virtual
WEDNESDA	Υ	
6:00 p.m. 6:00 p.m.	Afrobeats Strength & Conditioning	BCYF Vine Street Community Center, Roxbur Virtual
THURSDAY		
7:00 a.m. 1:00 p.m.	Cardio Kickboxing Tai Chi	Virtual Veronica Smith Center, Allston-Brighton
FRIDAY		
12:00 p.m.	Chair Yoga	Virtual
SATURDAY		

Virtual Registration: boston.gov/fitness

Zumba®

No classes on 1/15 & 2/19

TITLE SPONSOR

10:00 a.m.



CITY of BOSTON



Virtual





Cultivate Small Business Program, deadline 1/14

An innovative program from Santander designed for food entrepreneurs. Santander's Cultivate Small Business program is designed to support the growth of early-stage woman-, BIPOC-, and immigrant-owned food businesses in emerging neighborhoods in the Greater Boston area.

The 12 - week, fully virtual program is completely free to entrepreneurs, and provides you with industry specific education, networks, and mentoring, along with the opportunity to apply for capital grants for your business.

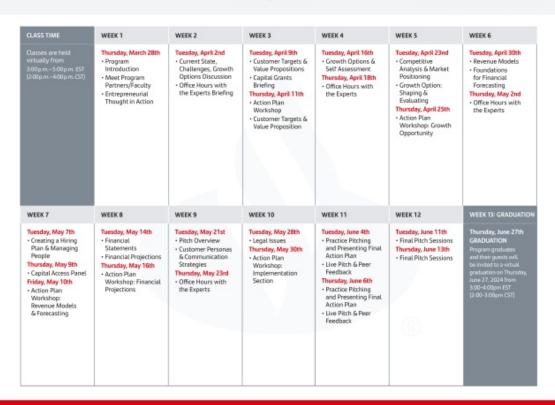
Click Here to View PDF

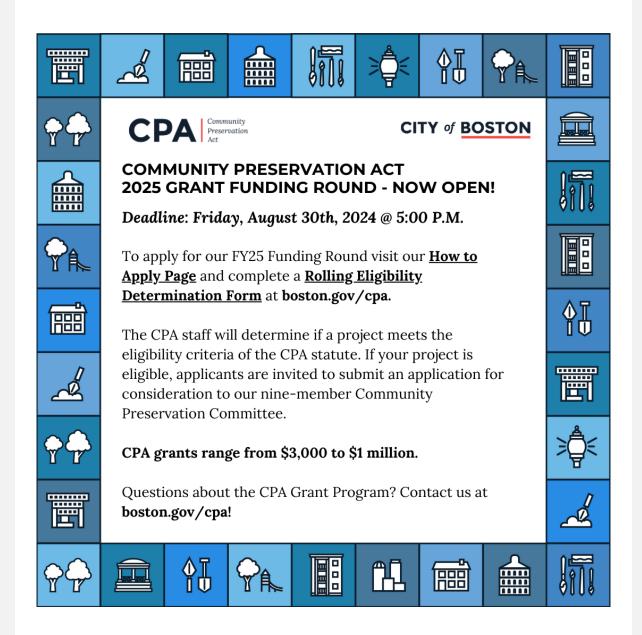
Wednesday, January 10
Santander's Cultivate Small Business Information Session

Reserve a Spot!

Santander's Cultivate Small Business Spring 2024



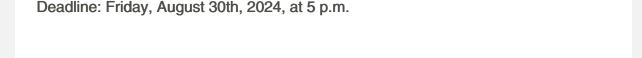




New FY2025 Eligibility Determination Form - Now Open!

To apply for our **FY2025 Funding Round** please review our new <u>Eligibility</u> <u>Determination Packet</u>, the <u>How to Apply Page</u>, and complete an <u>Eligibility</u> <u>Determination Form</u> online.

The CPA Office will determine if a project meets the eligibility criteria of the CPA statute. If your project is eligible, applicants are invited to submit an application for consideration to our nine-member Community Preservation Committee.



How Will CPA Impact Your Neighborhood?

The FY2024 application round is off and running. The most recent application deadline resulted in **over 95 applications and over \$62M** in funding requests across all 3 categories: affordable housing, historic preservation, open space, and recreation. The majority of neighborhoods in the city are represented in this round.

What's Next?

The Community Preservation Committee (CPC) will begin meeting to review the FY2024 applications and recommend projects for funding to the Mayor and City Council by February 2024. A schedule of all CPC public meetings is listed below. Everyone is welcome to join us and learn more about CPA!

Schedule of CPC Virtual Meetings for FY24 Funding Round:

Meetings are subject to change:

Thursday, January 18, 2024 | 12:00 pm - 2:00 pm

Monday, January 22, 2024 | 5:30 pm - 7:30 pm

Monday, January 29, 2024 | 12:00 pm - 2:00 pm (optional, if needed)

Thursday, February 8, 2024 | 6:00 pm - 8:00 pm (CPA Hearing)

February TBD: Mayor's Order sent to City Council; City Council Public Hearing

Questions about the CPA Program?

CPA staff is here to answer your questions, talk through a potential project, and assist you through the application process. Please contact us.

Thadine Brown, Director thadine.brown@boston.gov

Rakia Islam, Manager of Engagement and Operations rakia.islam@boston.gov

Amber Delgado, Grant Compliance Manager amber.delgado@boston.gov

Gillian Lang, Historic Preservation Consultant gillian.lang@boston.gov

Rachel Guilfoil, Open Space and Recreation Consultant rachel.guilfoil@boston.gov

Contact us: If you would like our staff to do a CPA presentation for your neighborhood association or organization, contact us here.

Please visit the <u>CPA's webpage</u> for updates and events.

Language and Communication Services

Spanish: Para solicitar servicios de traducción o interpretación, por favor, comuníquese con:

thadine.brown@boston.gov or 617-635-0545 y LCA@boston.gov

Haitian Creole: Pou mande sèvis tradiksyon ak/oswa entèpretasyon, tanpri kontakte: thadine.brown@boston.gov or 617-635-0545 ak LCA@boston.gov

Cabo Verdean Creole: Pa pidi servisus di traduson y/ô interpretason, favor kontakta: theatharmonic.com or 617-635-0545 y LCA@boston.gov

Simplified Chinese: / <u>thadine.brown@boston.gov</u> or 617-635-0545

LCA@boston.gov

Traditional Chinese: / <u>thadine.brown@boston.gov</u> or 617-635-

0545 <u>LCA@boston.gov</u>

Vietnamese: Để yêu cầu dịch vụ biên dịch và/hoặc thông dịch, vui lòng liên hệ: thadine.brown@boston.gov or 617-635-0545 và LCA@boston.gov trước

Portuguese (Brazil): Para solicitar tradução e/ou serviços de interpretação, por favor contate: theating-boston.gov or 617-635-0545 e LCA@boston.gov

French: Pour demander des services de traduction ou d'interprétation, veuillez contacter:

thadine.brown@boston.gov or 617-635-0545 et LCA@boston.gov

Russian: "Чтобы запросить услуги письменного и/или устного перевода, пожалуйста, свяжитесь: theadine.brown@boston.gov or 617-635-0545 и LCA@boston.gov

Somali: Si aad u codsato, tarjumaadda iyo / ama adeegyada tarjumaadda, fadlan la xiriir: theatine.brown@boston.gov or 617-635-0545 LCA@boston.gov

Arabic - العربية

خدمات الترجمة الشفوية والترجمة التحريرية متوفرة لك دون تحملك أي تكلفة. إذا احتجت لهذه الخدمات، يرجى التواصل معنا على العنوان LCA@boston.gov أو رقم الهاتف 617-635-0545

CPA Official Babel Notice

Notice of Accommodations



MLK DAY

AMINS JAN

Join Us 4:00 PM

160 WARREN STREET ROXBURY, MA 02119 617. 442. 7855 www.tbcboston.org

KEYNOTE SPEAKER
Rev. Rahsaan Hall, Esq.
President & CEO
Urban League of Eastern MA

REV. WILLIE BODRICK, II J.D., M.Div. SENIOR PASTOR Twelfth Baptist Church will also honor and recognize the Bennett and Swanson families, featured in the HBO Documentary "Murder In Boston"

Martin Luther King Jr. Celebration Legacy of a Dream

Thursday, Jan. 18, 2024

Sherman Auditorium or Livestream on the Portal
1-2 p.m.

Join your colleagues for BIDMC's 35th Annual Martin Luther King Jr. celebration. The BIDMC Inspirational Choir is back! Lunch will be provided.



Keynote Speaker: Ed Gaskin Journalist

Musical performances and poetry reading by:



Pat Loomis



Jeannie Nunes

Beth Israel Lahey Health

Beth Israel Deaconess Medical Center

BROOKINGS

Investing in all of America: The Biden-Harris administration's place-based approach

A conversation with National Economic Advisor Lael Brainard

Monday, January 22, 2024, 1:00 - 2:00 p.m. EST
The Brookings Institution, Falk Auditorium
1775 Massachusetts Avenue, N.W. Washington, D.C. 20036

RSVP to watch the webcast

RSVP to attend in person

Federal economic policies have often been designed to work from the top down without regard to place. This insufficient attention to place has left too many communities behind. Evidence shows that place-based policy is an important component in rebuilding factories and small businesses, and access to the American Dream. The Biden-Harris administration's signature economic policies—namely the American Rescue Plan Act, Infrastructure Investment and Jobs Act, CHIPS and Science Act, and Inflation Reduction Act—are aimed at raising the productive capacity of the U.S. with special incentives targeted to communities that could most benefit from new growth. By supporting local leaders' tailored, inclusive economic efforts, this approach signals an important advancement in place-based policy.

On Monday, January 22, Brookings Metro will host White House National Economic Advisor Lael Brainard, who will outline the Biden-Harris administration's focus on supporting communities that have been left behind, and the direction of the economic agenda in 2024. A moderated discussion with Senior Fellow Mark Muro will follow.

This event will be open to attend in person or watch online. Online viewers can submit questions via e-mail to events@brookings.edu or on Twitter/X @BrookingsMetro.

Registration is required to attend an event in person and guests at Brookings are required to attest to their state of health before attending. Visitors may not enter the building if they are feeling ill for any reason, have any symptoms commonly associated with COVID-19, or have tested positive for COVID-19 at any time in the preceding 5 days or longer in accordance with current CDC guidance, or have been advised by their healthcare professional or otherwise to not enter any space where

some persons may not be vaccinated.

Opening remarks

Alan Berube, Interim Vice President and Director, Brookings Metro

Keynote

Lael Brainard, U.S. National Economic Advisor

Moderator

Mark Muro, Senior Fellow, Brookings Metro

Stay updated on Brookings events. Sign up for event invitations by topic and our weekly events update.

UPCOMING EVENTS 2024

JAN 30TH

CORPORATE BRUNCH

1175 Tremont st Boston MA 02120

39TH ANNUAL MLK 50TH ANNIVERSARY CFOB INC

MARCH 24

PALM SUNDAY 3PM-7PM 575 Warren St, Boston, MA 02121

WWW. CARIBBEANFOUNDATION.NET

A LEARNING AND WORKING AGENCY

Every year the Caribbean Foundation of Boston honors and celebrates MLK as instrumental in creating our organization to advance its dream and serve our community every day. This year is special, as it is our 50th anniversary – we have provided services to thousands of people and launched significant programs to help the elders stay out of institutions serving our community. Our celebration this year will include our first Caribbean Foundation Brunch scheduled for Tuesday, January 30th at the Northeastern Crossing, 1175 Tremont St., Boston, MA. The goal is to discuss and advocate for crucial issues related to health care, equity, and elder care within our community. Also, to come together to celebrate our accomplishments and envision our future for the next decade. We are delighted to share the proposed agenda below:

Date: Tuesday, January 30th, 2024 Location: 1175 Tremont St. Boston MA, The Crossing

10:00AM - 10:15 AM: Welcome and Introduction

- Opening remarks by Beulah Fagan Providence, Executive Director, and Hulda Suazo Executive Assistant
- Brunch/Food

10:15AM - 10:50AM: Keynote Address

- Address by Senators and State Representatives on the importance of promoting community health, health equity, and elder care.
- Insights into legislative efforts and future initiatives.

10:45AM - 11:30AM: "Caribbean Foundation 50th year Impact"

- Overview of the Caribbean Foundation's Achievements and Notable Impact.
- Testimonials from individuals benefiting from our programs.
- Interactive discussion on current opportunities in health, equity, and elder care
- Envision the future to better serve growing diverse population and emerging needs
- Collaborative brainstorming on potential solutions and fundraising opportunities.

11:30AM -12:00PM: Closing Remarks and Next Steps

- Closing remarks by Beulah Fagan Providence
- Discussion on actionable steps and future collaborations
- Discussion of <u>MLK Annual Banquet</u> on March 24th, 2024, and the Caribbean Foundation of Boston's 50th Anniversary

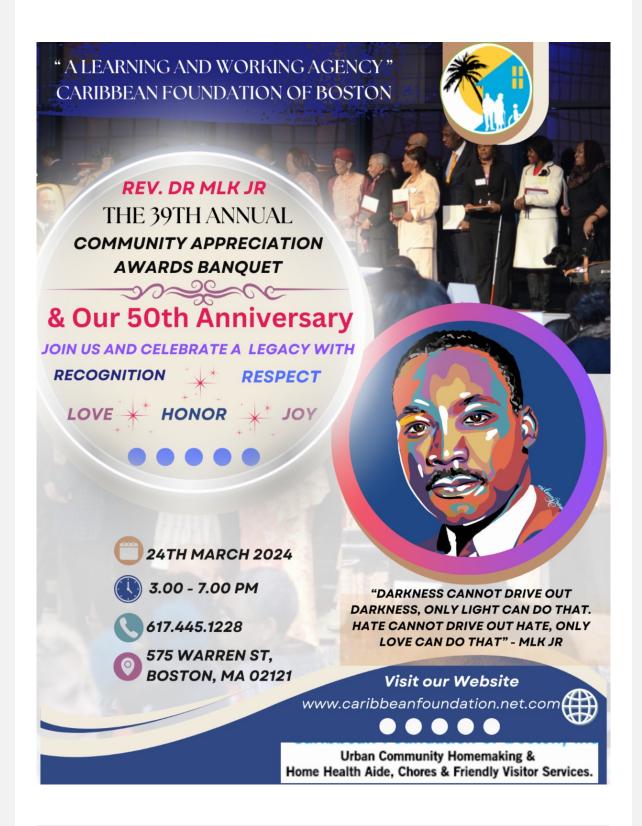
Please let us know if you have any questions or suggestions, or if there are specific topics you would like to address during the event. We anticipate a productive and engaging brunch.

Hope to see you all soon,

Hulda Suazo

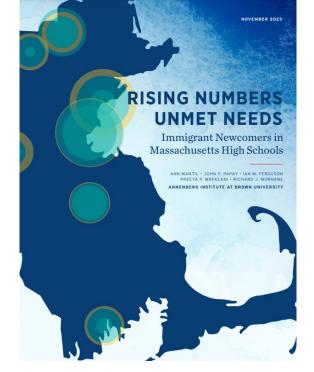
Executive Assistant
to Beulah Providence

Caribbean Foundation of Boston Inc. P: 617-445-1228 Ext: 15



Rising Numbers, Unmet Needs

A Conversation about Immigrant Newcomers in Massachusetts High Schools



Wednesday, January 31

9:00 to 10:30 a.m.

Breakfast will be available starting at 8:30 a.m.

Register Now

The Edgerley Center for Civic Leadership at the Boston Foundation 75 Arlington Street, 3rd Floor, Boston

Please join The Boston Foundation and the Annenberg Institute at Brown University for a conversation about immigrant newcomers in Massachusetts. The discussion will build on the Annenberg Institute's recent report, Rising Numbers, Unmet Needs: Immigrant Newcomers in Massachusetts High Schools, about the academic outcomes and experiences of immigrant newcomers in Massachusetts high schools.

Welcome

Javier Juarez, Director, Latino Equity Fund at the Boston Foundation

Presentation of the Report

Dr. Ann Mantil, Senior Research Associate, Annenberg Institute

Remarks

Jeffrey C. Riley, Commissioner, MA Dept. of Elementary and Secondary Education

Panel Discussion and Q&A

Dr. John Papay, Director, Annenberg Institute; Associate Professor of Education and

Economics, Brown University (Moderator)

Dr. Carola Suarez-Orozco, Professor in Residence, Harvard Graduate School of
Education; Director, Immigration Initiative at Harvard
 Allison Balter, Director, Office of Language Acquisition, MA Dept. of Elementary and Secondary
Education

Rania Caldwell, Director of Multilingual Learners, Woburn Public Schools

Dr. Almi Abeyta, Superintendent, Chelsea Public Schools

Closing Remarks

Javier Juarez, Director, Latino Equity Fund at the Boston Foundation

Register Now

For additional information, please contact Michelle Hinkle at michelle.hinkle@tbf.org

ANNUAL CAMPAIGN FOR CIVIC LEADERSHIP By working in collaboration with a wide range of partners, the Boston Foundation provides opportunities for people to come together to explore challenges facing our constantly changing communities and to develop an informed civic agenda that advances equity, opportunity and justice in Greater Boston. All of the Boston Foundation's civic leadership activities are supported by our Annual Campaign for Civic
Leadership. Visit www.tbf.org/civicleadership to learn more about this important campaign.
Visit www.tbf.org to learn more about the Boston Foundation and its activities.



Franklin Park Winter Festival

Mark your calendar! Saturday, February 3, 2024 from 1-4pm Franklin Park Golf Clubhouse

Indoor art activities, board games, storytelling ... and if there's snow - sledding, snowshoeing, and outdoor fun. Families, groups, and all ages welcome.





Proudly presents the



Join Others With Your Support









































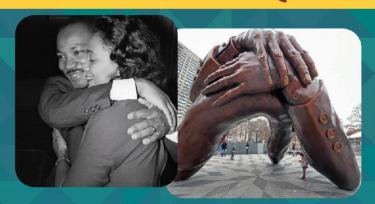








COMMUNITY APPRECIATION AWARDS BANQUET



SAVE THE DATE
SUNDAY, MARCH 24TH 2024
3PM-7PM

WWW.CARIBBEANFOUNDATION.NET

Join us and celebrate a legacy and history with...

HONOR



LOVE

RESPECT

IOV













HOSTED BY

Caribbean Foundation of Boston, Inc

Urban Community Homemaking & Home Health Aide, Chores & Friendly Visitor Services.

Visit Our Website





Greater Grove Hall Main Streets, Inc. | 320B Blue Hill Avenue, Dorchester, MA 02121

Unsubscribe ewgaskin@gmail.com

Update Profile | Constant Contact Data Notice

Sent byinfo@greatergrovehall.orgpowered by

